

# BatWeek Eats in a Box - #ThursdayThoughts



*Believe it or not, many of the foods found on grocery store shelves and in your kitchen cupboard rely on bats. Bats help us obtain healthy foods by eating insects that damage crops around the world, by pollinating more than 500 plant species, and spreading seeds that lead to new growth in rainforests. The table on the next page highlights some of the foods that are made possible by bats. Each bat-dependent ingredient in the recipe has been underlined.*

## Batty Hot Chocolate

- 🌸 3 Tbsp instant hot chocolate mix
- 🌸 1 Tbsp chocolate syrup
- 🌸 ¾ cup boiling water
- 🌸 ¼ cup milk
- 🌸 ½ tsp ground cinnamon
- 🌸 1 pinch chili powder
- 🌸 mini marshmallows (optional)

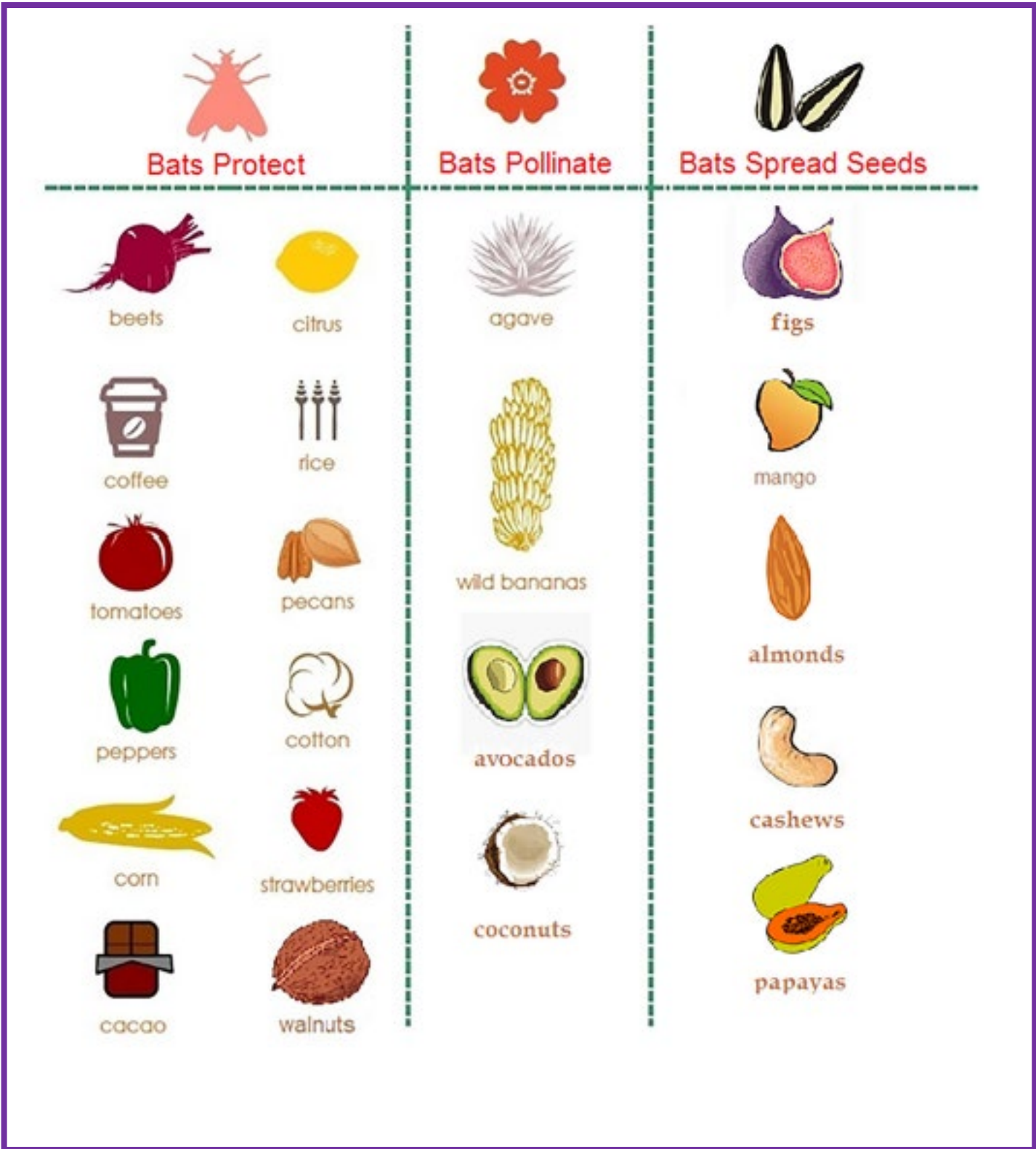


### Directions:

- Bring water to boil in a saucepan.
- Mix the hot chocolate mix, chocolate syrup, cinnamon, and chili powder into the hot water.
- Pour in milk and stir.
- Pour the hot chocolate into a bat mug and top with marshmallows (if desired).
- Snap a picture of you making or enjoying your delicious treat and post it online. Use #BatWeek and #ThursdayThoughts and share your thoughts about what people can do to help bats. Challenge your friends to take action to help protect our bats.



**Bat Fact!** Did you know that hibernating bats in North America are dying due to White-Nose Syndrome? This disease has killed more than six million bats in just eight years. Bats need our help! #ThursdayThoughts



All bat characters were created by Kim O’Keefe, a talented illustrator with The Save Lucy Campaign.